

Featured Senior Profile: Bob May

Written by Emilie Delquié, Senior Center volunteer

When you ask Bob what he's most proud of, he's very quick to answer he is most satisfied when he reaches out to help people. Born and raised in Chicago, he graduated in 1967 from Northwestern as a Chemical Engineer and earned his MBA from the Kellogg School of Management in 1970. He later pursued a successful career at Digital Equipment, Compaq, and Hewlett-Packard (HP) in a variety of roles from Finance to a senior contract and sales operations professional.

He moved to Massachusetts in 1980, with his wife of now 54 years and their two sons. They quickly settled in Sudbury and got involved in the community early on. His wife started volunteering with the Sudbury Newcomers Club, and they soon joined the Lutheran church.

Bob made many contributions to the Sudbury community over the years:

- He has volunteered for 12 years on the Council on Aging
- He was recently elected President of his church for the second time
- He worked on updating the Sudbury Long Range Plan in 2020
- He has been serving on the Finance and Facilities Committees for the Sudbury Valley Trustees for the last 6 years

To illustrate his approach to being there for others: seeing the trend of decreasing membership in his church, he is intent on finding new ways to rebuild connections with existing and new members, and with new groups in the community. Similarly, with the Sudbury Valley Trustees, Bob found the original drawing of a unique local garden, and aided with a plan to bring it back to life. As for the Senior Center, Bob aided in bringing various planning discussions together over the last 7 years for the new Community Center.

Finally, Bob managed to get this involved in his community while caring for his family, ensuring that his wife, in memory care unit since September 2022, sees a family member every day. Bob was her full-time caregiver for the previous 4 years, and the importance of his community was clearer to him than ever. He appreciates the critical support all the organizations around town are providing and is proud to play a part where he can. As he says, he feels grateful that he can do what he's doing.